

**Thurs
10/6/16**

The 28th Annual **Delmarva**
Paddlers Retreat
Mentor Day



6:30

7:00

8:00

7:30—8:30 Breakfast and announcements

9:00

10:00

11:00

NOON

1:00

2:00

3:00

4:00

5:00

6:00

7:00

8:00

9:00

**9:00-2:30
Cape Henlopen Mentor
trip with
John Pedersen**

**BYO lunch
on water**

**3:00– 4:30
John Pedersen shoreline demo with hunting
stroke, harpoon, taalutaq, + Q&A**

5-6 Guide Meeting - Quails Nest

6:00-7:00 Dinner

**Socializing at the Quail's Nest
Aka the "Delmarva Craft Beer tasting session"
Peter's Shorts—Part 1**

**Paddling with your
Peers**

12:00—12:45 Lunch

**Paddling
with your
Peers**

Friday
10/7/16

The 28th Annual **Delmarva**
Paddlers Retreat



6:30						
7:00	6:45-7:30 AM Yoga with Jasmine @ Quail's Nest					
8:00	7:30 - 8:30 Breakfast 8:30 safety talk and announcements					
9:00	9-11:30 Rolling Mentoring @Beach 1 on 1 60 min	9-11:30 Rolling Mentoring @Pool 1 on 1 60 min	9-11:30 Edging and Bracing	9-11:30 AM Intro (land) to hunting weapons w/ John Pedersen	9-11:30 Rescues and towing	9-5:00
10:00						
11:00						
NOON	12:00-12:45 Lunch/announcements					Paddle Making
1:00	1:00-5:00 Rolling Mentoring @Beach and pool 1 on 1 60 min	1:00-5:00 Group classes Forward Strokes w/ John Pedersen	1:00-5:00 Advanced Strokes	1:00-5:00 Getting close to the land with traditional kayaks Kiliii Yuyan	Guide on the Side w/Dave Niles Knife Making @ Dining Hall	@ the Bird Cage with Don Beale
2:00						
3:00						
4:00						
5:00	5:00 -6:00 Ralph's Umiak demonstration on the Beach					
6:00	6:00-7:00 Dinner					
7:00	Kiliii Yuyan, Iñupiat on the North Slope of Alaska Pool Demo - Greenland rolling at the Quail's Nest Peter's Shorts—Part 2					
8:00						
9:00						

Saturday
10/8/16

The 28th Annual **Delmarva**
Paddlers Retreat



6:30
7:00
8:00
9:00
10:00
11:00
NOON
1:00
2:00
3:00
4:00
5:00
6:00
7:00
8:00
9:00

6:45-7:30 AM Yoga with Jasmine @ Quail's Nest

7:30 - 8:30 Breakfast and announcements

9-11:30 Rolling Mentoring @Beach and pool 1 on 1 60 min	9-11:30 Edging, and Bracing	9-11:30 Forward Stroke w/ Greg Stamer	9-11:30 Greenland Paddling 101 Modern Gear	9-11:30 AM Intro Harpoon (land) w/ John Pedersen	9-11:30 Rescues and Towing w/ Joanne and Don	All Day Ropes
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12:00-12:45 Lunch/announcements

1-3:30 Rolling Mentoring @Beach and pool 1 on 1	1-3:30 Group class Combat Rolling	1-3:30 Advanced Strokes	1-3:30 Greenland Paddling 102 Traditional Gear	1-3:30 Hunting stroke, har- poon and Taalutaq w/Pedersen	“Guide on the Side“ Knife Making @ Dining Hall	1-3:30 Kayak Control a Jack Gilman special event
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3:30 –5:30 2nd Annual Delmarva Kayak Build Competition

6:00-7:00 Dinner

**Live and Silent Auctions
at the Quail's Nest and Dining Hall
Peter's Shorts—Part 2**

Sunday
10/9/16

The 28th Annual **Delmarva**
Paddlers Retreat



6:30		
7:00	6:45-7:30 AM Yoga with Jasmine @ Quail's Nest	
8:00	7:30 - 8:30 Breakfast and announcements	
9:00	9-10:15 @Beach and Pool Rolling mentoring	9-10:15 AM John Pedersen on the beach demo with hunting stroke, harpoon, taalutaq and Q&A
10:00		
11:00	10:30-11:30 Kayak Build Race	
NOON	12:00-12:45 Lunch/acknowledgements	
1:00	Raffle	
2:00		
3:00	Qajaq USA Board Meeting	Cleanup and Good Byes
4:00		
5:00		
6:00		
7:00	5:30- Dinner off site for those staying Sunday night	
8:00		
9:00		